

WHERE CAN DANCE TAKE ME?



WHY I LOVE DANCE



Today, my favourite dances are...

(This can be dance you have seen in a film, in an advert, live on stage, part of a musical, part of a community production, or somewhere else)

- 1.
- 2.
- 3.

I think they are great because...

(This could be because of the relationship to music, the lighting design, the physicality of the dancers, the style, the movement content, the costumes, etc.)

- 1.
- 2.
- 3.

I want to learn more about...

(Is this a dance style? a choreographer? a production? a route into the arts?)

Right now, my goal is to work in/ as a:

(Circle the ones that jump out!)

Technical Support

Sound Support

Lighting Designer

Stage and Production Manager

Visual Effects Designer

Choreographer

Costume Designer

Dance Photographer

Community Dance Teacher

Dance Teacher in Education

Primary Teacher

Dance Teacher in an out of school setting

Dance Physiotherapist

Dance Movement Therapist

Yoga Teacher

Personal Trainer

Dance Artist / Performer

Dance Marketer

Youth Worker

Pilates Instructor

Yoga Teacher

Notation / Choreology

Education Specialist

Dance Teacher

Dance Scientist

Producer

Dance Movement Therapist

Dance Manager

Dance Administrator

Dance Healthcare Practitioner

Costume / Set Designer

Participatory Dance Artist

DO I KNOW WHERE TO ACCESS INFORMATION ABOUT THESE JOB ROLES?

YES!

Great, to confirm that information is accurate, check out the [Careers Hub](#) on the One Dance UK website

NO!

No problem, a good starting point is the [Careers Hub](#) on the One Dance UK website

Other information can be found on the [Discover! Creative Careers](#) website and the [Prospects](#) website for those looking at pursuing Dance degrees.

There are also some great apps that can help clarify your ideas, such as [WonderWhat](#) and [ERIC](#).

COULD A CAREER IN DANCE BE FOR ME?

Why should I study dance?

One Dance UK have a great resource for you, your parents/ carers and teachers/ careers advisors to find out why – click here to see the [Reasons to Study Dance resource](#).

What is stopping me from pursuing a career in dance?

(Some potential reasons could be: access, where you live, support, self-belief or confidence, health, resources, financial support)

What would you like to learn more about?

(This could be a dance style, a dancer, a choreographer)

Don't know where to start?

- Check out One Dance UK's [Choreographers Directory](#) to learn more about the individual routes and projects for some of the country's leading choreographers.
- Ask your dance teacher to look through One Dance UK's [Representation in Dance Education resource](#) (RIDE resource) with you, to see the breadth of styles available and to study from UK's expert dance artists.

EXAMPLE: If you're interested in learning about companies that specialise in South Asian Dance styles, RIDE would be a fantastic resource to look at to inform your knowledge and learn about which companies are nearest to your home.

Create some aims here:

EXAMPLE: Look at the RIDE resource and read about Sonia Sabri Company - follow the link through the resource to watch a video clip on Sonia Sabri Company's website.

- 1.
- 2.
- 3.

How / where can I achieve my aims?

(do I need to ask someone for help?)

EXAMPLE: Ask my dance teacher to go through the RIDE resource with me.

- 1.
- 2.
- 3.

When can I achieve my aims by?

EXAMPLE: Before we break for Christmas

- 1.
- 2.
- 3.

There is a wealth of information about Dance Careers available online. At One Dance UK, we recommend looking at our dedicated [Careers Hub](#), found on our website, as a brilliant, first place to look.

There are also loads of workshops and events that may help you to familiarise yourself with a career in dance. Why not check out some of the opportunities that are available this year, to meet with other, like-minded young people, develop your technical skills and build your confidence! Look out for opportunities on our website! <https://www.onedanceuk.org/>



Image credit: One Dance UK, Dani Bower

WHAT QUESTIONS WOULD I LIKE TO ASK SOMEONE WORKING IN DANCE?

What would your one piece of advice be to those starting out in dance?

I'm not interested in performing, what other routes are there into working in the dance sector?

What can you do, when you don't get the job you have auditioned for?

Do you have any tips for auditioning?

ONE PIECE OF ADVICE TO THOSE WANTING TO PURSUE A CAREER IN DANCE

"Be curious about the different avenues and pathways within the dance industry. Explore lots of different types of dance, types of jobs and types of areas to understand what motivates you, what you enjoy most and where you thrive. Reflect on how each experience made you feel so you can begin to identify what you want to be doing more of (or less of!) and be open to being surprised by the results."

Natalie Haslan - Project Manager, National Youth Ballet

QUESTIONS TO TAKE TO MY CAREERS ADVISOR

What options are there for taking dance at school?

What is the difference between studying a performing arts course and a dance course?

What do I do when dance isn't on offer at my school? (Maybe there is an opportunity to advocate for it! Check out One Dance UK's [Governors' Guide](#).)

Where is my nearest Centre for Advanced Training (CAT) scheme and what is it?

How can I get involved in dance in the local area? Are there community classes? Is there a regional dance organisation that I can contact?

Where is the nearest theatre I can see dance?

Are there any opportunities for work experience in this area?

How do I know that dance schools are reputable?

THINKING ABOUT THE FUTURE

What age can I apply for dance school?

My parents are worried about me going away to study before the age of 18. Can you help me direct us all to some support?

What is the difference between a vocational dance course and a degree in dance?

What should I know about before pursuing a career in dance?

OPEN DAYS AND CAREERS EVENTS

How many course hours would I be doing practical dance at college?

Can you tell me more about what it is like to work on multiple jobs at a time?

If I study dance, where/what can it lead to?